

23 E Main Street • Huntington, MA 01050 • (413) 634-5000

Property Information

Property Manager

Heather Maxwell

PmMgr1@NorthamptonHousing.Org In Office Thursdays. Available M-F by phone from 9-4

Resident Services Coordinator:

Netanya Ortiz 413-667-9258

Rsc3@NorthamptonHousing.Org On-site: M & W or by phone M - T from 9:30-1 & Friday 9-2:30



Work Orders

ROUTINE WORK ORDERS

Can be submitted at any time. Leave a detailed message at the office, 413-634-5000.

EMERGENCY WORK ORDERS

After-hours emergency work orders, 413-584-4030 option 3.

Emergency work orders during regular business hours M - F 9-4, call 413-584-4030 option 6.

If You Need Police, Fire or Medical Attention ...

... try to keep calm and call 911.

April 2023



Free Doorstep Delivery From Hilltown Pantry

April Food Delivery Date: Thursday, April 27th, 2023, @ 12pm Please sign up & submit food selections by 4/18/23.

Easter BINGO

Please join us in the Hamblin Community Room on Tuesday, April 11th, 2023, from 11am-12pm for a fun & friendly game of BINGO!



Art Class With Lena

You're invited to join us for an art class taking place at the Hamblin Court community room!
We will be painting birdhouses on Friday, April 14th, 2023, at 11am.



Don't Get Bugged

Spring's warmer weather means unwelcome critters may come calling on your home. If you notice any pests around your apartment, please call the office so we can schedule a visit from the exterminator.

Maintenance Emergencies

These are some items considered an emergency:

- No water.
- No hot water.
- · No heat.
- Your refrigerator stops working.
- Your drain or sewer backs up.
- Your toilet overflows and water continues to run out.
- You lock yourself out of your home.

Quiet Consideration

Your neighbors need their sleep, so please be careful to keep noise levels low, particularly at night. To avoid disturbing others, please don't slam doors or carry on loud conversations, and keep the volume on your TV and stereo turned down. Thanks for your courtesy.



Spring Cleaning

Spring cleaning—we may not look forward to it, but the results of our efforts can be satisfying. Here are a few tips to help you get your home sparkling and your sense of accomplishment soaring:

Make a plan and set goals. Write down what areas of your home you will clean and when. Plan to tackle only one area at a time. The best part of such a list is crossing off each item as it is completed.

Check your inventory. Make sure you have all the cleaning supplies you will need, including cleansers, cloths, sponges, and a mop, broom and dustpan. Gather the smaller items and put them in a bucket or basket so they are easier to carry and keep together.

Before cleaning, declutter.
Consider paring down the knickknacks you have on display. Give away or recycle magazines. The fewer items you need to move while cleaning, the faster you will finish. Use a laundry basket to gather items you need someone else in the household to sort through.

Start at the top. Clean rooms from top to bottom—from ceilings to baseboards and everything in between. Don't forget to clean behind and under furniture and appliances, if possible.

When you are finished, take some time to sit back, relax, and enjoy your spotless space!



Doggie Dos and Doggie Don'ts

We're happy to allow dogs in our community, but ask that you practice responsible pet ownership. Please keep your dog's vaccinations up to date; never leave your pet alone for extended periods of time—especially in common areas; keep them on a leash when outside; and always clean up after your pet. We're animal lovers, too, and want to make sure our community is a safe and pleasant place for all of our residents.

Laundry Etiquette

When you're doing laundry in our facilities, please change the loads promptly so the machines are made available to others. Your neighbors will appreciate your consideration! Thanks.

No Smoking

NO smoking in your apartment or in common areas. Please do not smoke within 25ft from the buildings. You never know if the person next to you has asthma or when someone who uses oxygen is about to enter the room. Pass this along to your family, friends and guests. We (and your lungs) thank you for your support.



VITA Free Tax Assistance

Locations in Greenfield & Northampton. To make an appointment to get your free tax preparation, call 413-376-1136.

Free Tax Advice

The Tax Counseling for the Elderly Program provides free tax help to people 60 and older. For details, call (800) 829-1040.



FRTA Van Transportation

Once approved, <u>call</u>
1-860-836-1844

<u>by 6pm at least 24 hours prior</u>
<u>to intended appointment.</u>

Need to fill out an application? Schedule an appointment with your RSC today!





Grief or Depression? Suicide and Crisis Line, Dial 988

Grief is a natural, normal response to the loss of a loved one. Everyone recovers from loss differently, and there's no "proper" length of time to grieve. However, if persistent sadness obscures any pleasure in your life, such as laughter at jokes or enjoyment of hobbies, it might be depression. That means it could be time to seek help from a professional.

Make Speckled Easter Eggs

Try this cool way to color Easter eggs. The best part? No mess!

Add 1 cup of uncooked rice to a zip-close sandwich bag. Add 7 to 10 drops of food coloring (one color) and stir with a spoon. Repeat in separate bags with any other colors you want to use.

Place a hard-boiled egg (shell on!) in one of the bags. Close the bag and gently shake until the egg is colored to your liking. Use tongs to remove the egg and place it somewhere safe to dry. Repeat with remaining eggs.

at a Glance

Your Resident Services Coordinator Is Here for YOU!

To get connected with resources available to you, assistance with applications or for more information, please don't hesitate to reach me at 413-667-9258.

Huntington Council on Aging

24 Russel Road Huntington, MA 01050 413-512-5205

Northern Hilltown Food Pantry

40 Main St, Goshen, MA 01032 413-268-7578

Wayfinders

256 Pleasant Street Northampton, MA 01060 413-233-1500

DTA Assistance Line 877-382-2363

Preventing Falls

Each year, more than a third of seniors will fall. Falling can cause bone fractures and other health problems. To prevent falls, the U.S. Department of Health and Human Services recommends that older adults exercise to improve leg strength, get regular eye exams and keep floors and stairs free of clutter such as books, papers and shoes.

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Cy	pril			Rent is Due
2	3	4	5	6	7	8
9	A 10	BINGO 11 In the Community Room 11am-12pm	12	13	Art Class 14 Painting Birdhouses 11am-12pm	15
16	17	18 Food Selections Due	19	20	21	22
23/30	24	25	26	From the Hilltown Food Pantry 12-1PM	28	29



